



Nancy McNicholas Troast

APR 28, 1957 - JUL 4, 2017



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Dr. Nancy McNicholas Troast, D.O. of Fort Myers, Florida, passed away unexpectedly Tuesday, July 4, 2017 at Gulf Coast Medical Center after some recent health challenges. She was 60. Nancy was born April 28, 1957 in Camden, New Jersey; the beautiful daughter of the late Leo and Milena McNicholas. After graduating from Valley High School in Pennsylvania, she began her college career at Washington & Jefferson College in Washington, Pennsylvania. Continuing on, Nancy received her doctorate degree from the Philadelphia College of Osteopathic Medicine in Philadelphia. Her career path brought her to Fort Myers, Florida where she was an integral part of the medical community. Dr. Nancy was also an active member of St. Michael Lutheran Church, Fort Myers, Florida. Nancy is survived by her loving husband of 35 years, Darrell L. Troast, and their five daughters, Lindsey, Alexandra, Hannah, Samantha, and Rebecca. She also leaves behind her brothers and sister, David McNicholas, Amy Kroll, Steven McNicholas, and Christopher McNicholas. Her profession was healing but Nancy's passion was her family and community. Visitation will be 5pm until 8pm, Friday, July 7, 2017 in the chapel of Fort Myers Memorial Gardens Funeral Home, 1589 Colonial Boulevard, Fort Myers, Florida 33907. Celebration of Life services will be 2pm Saturday, July 8, 2017 at St. Michael Lutheran Church, 3595 Broadway, Fort Myers, Florida 33901. In lieu of flowers, the family requests that memorial contributions be made to Moffitt Cancer Center Foundation. Donations can be made by mailing a check to 12092 Magnolia Drive MBC-FOUND, Tampa, FL 33612, by calling 1-800-456-3434 ext. 1403 or online at www.moffitt.org/giving. Please make a note that the donation is in memory of Dr. Nancy Troast. Online condolences and memories may be shared on her tribute page at www.fortmyersmemorial.com



Tribute Wall

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DB

Donna Biagini posted:

Lit a candle in memory of Nancy McNicholas Troast

July 22 at 3:01 PM

DB

Donna Biagini posted:

I am so sad to learn of Dr. Nancy's death. What a wonderful person and an awesome doctor. She will be greatly missed. She will live on in our memories forever. My condolences to Darrell and her girls. I will keep you in my prayers. God bless. Donna Biagini

July 22 at 2:57 PM

ML

Marti Lea posted:

Dr. Nancy Troast could light up the room with her smile and she always made you feel special, like you were her only patient. That level of patient care and comfort is rare and will be missed.

July 19 at 2:09 PM

IS

Irene Stevenson posted:

Very sad to hear about Dr. Nancy Troast. I was saddened when she sold her practice. She was a very good doctor; down to earth and listened. I hope her husband and children are doing well and I am sending all of you prayers and positive thoughts. Irene (Giniat) Stevenson

July 13 at 5:42 PM

TP

Thomas Patterson posted:

I am so saddened to learn of her passing. Nancy was a fantastic physician and gave the best care – she valued people. I was a patient of hers for many years and appreciated the deep concern she had for me – I am blessed to have known her. My prayers go out for her husband Darrell, her daughters, her family, her friends, and all those who know her. She will be missed but will also live on in our hearts and memories. Thank you, Nancy for being who you are.

July 12 at 10:37 AM



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DS

Darcy Seferoglou posted:

Dr. Troast was my personal physician for over 10 years. I am very sad that she has passed away. She was a good doctor and confident. She had this great smile always. My condolences to Troast family. Darcy Seferoglou

July 12 at 10:15 AM

BZ

Bob Ziegler posted:

Connie and I were preparing to watch the St. Michael service online Sunday and we suddenly saw in the list of service to view the notice of Nancy's memorial service. We immediately switched to that wonderful celebration of life service as the tears flowed along with the wonderful memories of being blessed to work with the wonderful girls at St. Michael Lutheran School. We pray for all of you and rejoice that her victory is won in Jesus! Blessings, Bob & Connie Ziegler

July 11 at 9:00 AM

DB

Dianne Beach posted:

I was a patient of hers. I always looked forward to seeing her. She was a wonderful physician and always took the time with everyone. I always thought she must have been a wonderful mother, wife and friend. My thoughts and prayers are for her family. Each of us will definitely miss her. I only wish I would have told her how much she meant to me.

July 11 at 7:57 AM

MS

Michele Stork posted:

We were so sorry to hear of Nancy's passing. We have fond memories of chaperoning with Nancy at Night of Joy and her generously hosting various St. Michael youth group events in their home. She was always so kind and genuine. Our prayers are with the Troast family. ~ Bryan, Michele & Taylor Stork

July 9 at 5:02 AM



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KT

Kathy Turner posted:

To Nancy's Family, Jerry and I were two of Nancy's first patients in the storefront office. A few years after, Jerry had a stroke. He was 37 yrs old. She fought to get him diagnosed and it turned out to be catastrophic APLS. At that time, the lab test for that was new. Over the years, she managed his care, and she was the only doctor we truly trusted in a sea of specialists. The last 10 years of Jerry's life, he was disabled and could not work. I am an LPN. She always worked with us to be able to afford her care. Three days before Jerry passed, she spent hours with us in her office, listening to why Jerry didn't want to go back to the hospital yet again. He had decided to stop intervention. Nancy gave him meds to keep him comfortable. We had 3 beautiful days at home with Jerry, dancing, laughing and loving. Nancy called me the night Jerry died. I was at home alone. We had a heartfelt talk. I thanked her for giving Jerry a better quality of life for nearly 25 years. I thanked her for allowing him to die on his own terms, when the quality was gone. I listened to the stories at her life celebration today. I realized that as personal and special as our relationship with her seemed, it was always that way with Nancy. I will keep you in my prayers everyday. Thank you for making her life so full of Joy. Kathy (and Jerry) Turner

July 8 at 1:32 PM

DP

Daria Parry posted:

I was one of Nancy's early patients. I moved away years ago, but I have never had such a wonderful physician. The world is a dimmer place without her vibrant light. My heart goes out to her friends and family. I know that she was loved by so many and will be missed.

July 8 at 8:46 AM

JG

Jon Gilbert posted:

The Gilbert family sends out heartfelt condolences to the whole Troast family. We first met Darryl and Nancy at St Michaels and they both became our familys pediatrician of my three daughters and Nancy as my physician. A great family and an amazing individual, Nancy you will truly be missed. God bless and RIP.

July 8 at 7:28 AM

AB

Arlene Burchard posted:

Doctor Nancy was a most wonderful, caring person. She taught me not to have "White Coat" syndrome. Arlene Burchard

July 8 at 7:09 AM



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EB

Ellen Barganier posted:

Dr Troast was one in a million! I was a patient for 10 plus years. She always took time with each person and really listened to you. She always spoke of her children and how proud she was of them as they grew and found their paths in life. I have missed her these last few years. I celebrate her life and passion for others. She is greatly missed.

July 8 at 4:37 AM

MD

Madlyn Dornaus posted:

A heart felt condolence to the family from Madlyn Dornaus and Ron Welton. Nancy was the very best general practitioner we have experienced in our 65 and 68 years of life. She not only knew you when you went to see her, but she knew your history well and what medications were working or not. She researched options and would even call us at night to discuss those options. She was a rare bird that will be truly missed. Madlyn Dornaus and Ron Welton

July 7 at 6:17 PM

AS

Ava Sayre posted:

I am so sorry to here about Dr. Nancy Troast. She was my Doctor for many years and she was wonderful person. My condolences go out to her family.

July 7 at 6:16 PM

CM

Cindy McCullough posted:

Condolences to the Troast Family. Dr. Nancy was our doctor. Very compassionate and caring. Scott & Cindy McCullough

July 7 at 2:53 PM

BM

Bob Martin posted:

If it weren't for Nancy and Kathy Mahan I would not be here today. Nancy's insistence that I go to the hospital to be checked resulted in an emergency surgery which resulted in a huge pocket of poison being removed that was about to explode. Words can't express my gratitude and deepest sorrow for your family's loss. Rest in peace Dr. Nancy. Bob Martin

July 7 at 2:03 PM



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BO

Bob posted:

Nancy was our family physician for many years. We are both saddened to hear about her death, but she will not be forgotten by many. Nancy was a compassionate doctor with a strong tie to her family and community. We will all miss her and remember many fond memories. Our condolences to her family. Please know that she shared her strong love of her family at our many office visits. Whenever my husband or I told other specialist doctors who our family doctor was, there was always high praise and a comment about how lucky we were. I had the good fortune to email her for a few years during her illness. We conversed back and forth about this illness and her personal battle. I am deeply saddened by her death, but know that she is at peace and without pain. We will miss you Nancy, but never forget your gifts to us! God Bless her family and memory. Bob and Donna di Grazia

July 7 at 11:28 AM

BG

Bob & Donna Di Grazia posted:

Sent a gift in memory of Nancy McNicholas Troast

July 7 at 11:19 AM

AG

Amy Germer posted:

Nancy was my personal physician for about 25 years. She was a wonderful physician and confidant. She loved talking about her daughters, softball and getting ready for college. My daughters had similar experiences. She always took time to listen and be thoughtful of your needs making sure you were okay. It saddened many of us with the news of her illness. She will be fondly remembered by the many lives she touched. My deepest condolences and love to the Troast Family. Amy Germer

July 7 at 10:39 AM

NB

Nancy Beeson posted:

Nancy was my physician and I found her to be soft spoken and gentle. I was heart broken when she closed her practice. My sincerest condolences to her family, close friends and all those that knew her.

July 7 at 7:29 AM



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LR

Lois Ross posted:

Heaven has a new angel! A glorious and wonderful angel! I was blessed to have been your patient for about 10 years. Tho you will be greatly missed on earth, I am happy you are no longer in pain. Lois Ross

July 7 at 5:59 AM

TR

Traci posted:

Our thoughts and prayers to all of you. Remembering Nancy with happy memories. Love, Chuck and Traci Albert

July 6 at 1:53 PM

MC

Matt Cheran posted:

We were incredibly saddened to hear about our cousin's passing. When I think of Nancy, I will always remember her smile—always. She consistently had an encouraging word to say and took a genuine interest in what others were involved with in their own lives. Without a doubt, her biggest legacy will be her wonderful family—a truly terrific husband, and some of the best girls imaginable! I hope that you take comfort in the memories of Nancy and the difference she made in her all too short time here on earth. Truly an inspiration! Vyechnaya Pamjat! Memory eternal. Much love, Matt Cheran and family

July 6 at 8:51 AM

AP

Annette Pounders posted:

Nancy had been my families personal physician for many many years. It saddened us when we found out about her illness. She was a fantastic physician and person. She was extremely proud of her family and spoke of them often. She is a loss to this community and those who knew her. Our condolences to the Troast Family. Greg & Annette Pounders & Family.

July 6 at 7:56 AM



Memories only last if you share them

Join us in honoring Nancy by contributing to a collection of shared memories.



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